



Erasmus+ Programme, Small Scale Partnership
(AFC) Autism Friendly Club
2023-1-SE01-KA210-VET-000156468

Project aim

The aim of the project is to bring the successful Autism Friendly Club program to the hospitality sector at the EU level, with a focus on testing it in Sweden. The project seeks to qualify managers and workers in the hospitality sector to provide adapted services and accommodate individuals with Autism Spectrum Disorder (ASD).



To achieve this goal, the project will be developed in three main blocks.

1

Focus on the signposting of spaces

This will involve identifying areas within hospitality facilities that may cause sensory overload or discomfort for individuals with ASD, such as noisy areas or bright lighting. The project will work to signpost these spaces and create quiet zones where individuals can retreat to when feeling overwhelmed.

2

Focus on training and sensitization of workers.

This will involve educating hospitality staff on the characteristics of ASD and providing them with the skills and knowledge necessary to provide appropriate support and service to individuals with ASD. The training will cover areas such as communication strategies, sensory sensitivities, and behavioral support

3

Focus focus on the adequacy and adaptation of schedules.

This will work to identify the best times and schedules for individuals with ASD to visit hospitality facilities, considering factors such as peak times and busy periods. This will involve adapting the opening

Target group

- Managers and staff of small and medium-sized enterprises (SMEs) in the hospitality sector
- Hospitality sector Autism Spectrum Disorder (ASD) people customers

Methodology

The Evaluation methodology applied within the project will be based on the Deming wheel: * Plan (each activity and project outputs is planned to be delivered within a certain deadline and according to specific performance indicators), * Do (concrete implementation of tasks), * Check (actions will be assessed against the previous planning) and * Review (corrective measures will be implemented, if necessary). The aim of the Evaluation approach is to identify potential risks or failures in advance that might endanger the project's timely and effective implementation and to mitigate, at an early stage, their impact on the project's processes and outputs by setting certain quality standards and remedial actions.

Activities

Competences

Carry out an analysis to specify the competencies, related to the existing AFC course for this target group and for the established goals

Contents

Define a training module contents for the acquisition of this competences compatible with digital methodology and prepare a course (resources/pedagogical guide for teachers/evaluation/certification)

Guide

Generate a guide for help hospitality sector to ASD customers attendance

Pilot

Make a pilot test with 25 participants per partner to check in Spain and Sweden and improve the course with results

Partnership

Asociacion FRESS's strength lies in its focus on supporting ASD students in the hospitality sector, providing teachers and tutors with the necessary resources and expertise to overcome developmental challenges. They have experience in designing programs and projects to address specific needs of individuals with autism.

Folkuniversitetet's strength is its long history of providing training, support, and resources related to autism, not only to individuals with autism but also to professionals who work with them. They have expertise in creating inclusive environments that promote understanding and knowledge about autism.

The Autism Friendly Association's focus on awareness, sensitization, and pedagogy complements the goals of both Asociacion FRESS and Folkuniversitetet, as it aims to increase awareness and promote inclusion of individuals with autism in society. The association's strengths lie in its ability to raise awareness and promote education and sensitization about autism to a broader audience.



Erasmus+ Programme of the European Union

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