



Co-funded by  
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## CONTACT US:



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## Unlocking memory DemCare4All project's quest for change

We are thrilled to share groundbreaking results from the DemCare4All project- innovative initiative funded by the Erasmus+ programme. This project, with 8 partners from 6 European countries, is dedicated to creating educational materials aimed at enhancing understanding and support for individuals affected by dementia. Here's what we've accomplished together.



## WHY THIS PROJECT?

*DEMcare4all is a project, which with its activities and results, aims to provide safe, effective and comfortable care and to improve the lives of people with dementia, of their caregivers and of their family members.*



Procento  
per il famiglia  
Educazione  
Inclusione





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## 1. Our results

The project focused on developing comprehensive educational materials across three key work packages (WPs), each targeting different groups affected by dementia:

- **WP2 Training Programme about Dementia**

Tailored for formal/professional caregivers, family caregivers, and individuals with early-stage dementia, these materials span 8 modules designed to educate and raise awareness.

- **WP3 Educational Programme about Dementia**

Aimed at children and young people aged 6-17 with relatives affected by dementia, providing tools like fairy tales, comics, and games to facilitate understanding and interaction.

- **WP4 Intergenerational Intervention in Dementia**

An innovative intergenerational intervention, fostering meaningful connections between the elderly and children through art and games, benefiting emotional development and empathy.

## OUR MOTTO

*Promoting intergenerational activities to support family carers of people with dementia.*



# DEM CARE4ALL PILOT PHASE

## Denmark's approach- engaging future care professionals

In Denmark, the pilot centered on integrating the DemCare4All materials into the curriculum for students training to become social and health care assistants. This innovative approach not only provided the students with invaluable insights into dementia care but also equipped them with practical tools to enhance their caregiving skills. The focus on non-pharmacological interventions was particularly impactful, fostering a deep understanding of holistic care practices.

## Poland's community-centric model

Polish partner conducting sessions in both urban and rural settings, reaching out to a diverse group of family and professional caregivers as well as young people. This model facilitated a rich exchange of experiences and perspectives, significantly enhancing the materials' relevance and applicability. The inclusion of young people from a secondary school in Szczecinek added a fresh perspective, emphasizing the importance of dementia awareness from a young age.

## Italy- diverse engagement strategies

Italian partner demonstrated a multi-faceted approach to piloting the DemCare4All materials, utilizing online sessions to cater to a wide audience that included family carers, professional caregivers, and the general public. The diversity in the participants' backgrounds enriched the feedback and underscored the materials' wide applicability. Italy's proactive recruitment strategy, involving seminars and social media campaigns, significantly contributed to the pilot's success.

## Greece- maximizing outreach through digital engagement

Greece's use of Zoom sessions for the pilot phase exemplified how digital tools could extend the project's reach. With an impressive turnout of participants, including those with mild cognitive impairment (MCI), the Greek pilot underscored the potential of online platforms to facilitate accessible and engaging dementia education. The targeted approach for MCI participants showcased a nuanced understanding of the audience's needs.

## Advancing dementia care in Europe

*As part of our ongoing commitment to enhance dementia care and understanding across Europe, the DemCare4All project embarked on a pilot phase to test and refine our educational materials designed for a wide range of audiences. Here's a closer look at how the pilot phases unfolded in each participating country, revealing the depth of our project's impact and the insights gained. Consortium developed the pilot phase from October-December 2023.*



# DEM CARE4ALL PILOT PHASE

## Sweden's digital inclusivity

Sweden's strategy leveraged digital platforms to maximize reach and participation. By offering online sessions, the project was able to engage participants from various healthcare backgrounds, ensuring a broad spectrum of insights and feedback. This digital inclusivity proved essential for accommodating the needs and preferences of caregivers, enabling them to participate flexibly in the pilot phase.

## Feedback and future directions

The feedback from our pilot phases has been overwhelmingly positive, with a particular emphasis on the comprehensiveness, informativeness, and emotional impact of our materials. Suggestions for improvement focused on enhancing language clarity, visual engagement, and adaptability to different learning styles, alongside a call for wider dissemination, especially in educational settings.

## Looking forward

The pilot phase has provided invaluable insights that will guide the further refinement of the DemCare4All materials. As we move forward, these insights will be instrumental in shaping our strategies for wider dissemination and impact.

Currently, our consortium is diligently working on developing content for WP4, the Intergenerational Intervention in Dementia focuses on creating a set of engaging games and art activities designed to foster interaction between the elderly and children aged 50+, with the aim of benefiting both target groups. We are excited to announce that we are planning to kick off the pilot phase for WP4 in **May 2024**. This phase will provide us with insights into the effectiveness and impact of our intergenerational intervention approach. We are eager to share more details with you soon as we continue to make strides toward enhancing understanding and support for individuals affected by dementia.

## Stay engaged

*We invite you to join us on this journey towards creating a more dementia-informed society. For more information and to explore the educational materials, please visit our website and follow us on social media.*

*Together, we can make a difference in the lives of those affected by dementia.*

